



**KEEP
THEM ALL!**

AVOID HAND & FINGER INJURIES

HSElife NL Industry-wide campaign

INFORM
*onscreen group
presentation*

**for explanation
and discussion**

HSELIFE NL 

Management system for a safer and healthier workplace

to be used for
INFORM
CAMPAIGN
kick-off session



KEEP THEM ALL! Avoid hand & finger injuries

Why this campaign?

As many as 85% of all serious injuries are injuries to limbs, especially to various parts of the hand and fingers. And half of all workplace accidents involve hand injuries.

Did you know that 70 percent of workers who experienced hand injuries were not wearing gloves?

The remaining 30 percent of injured workers did wear gloves, but the gloves were inadequate, damaged or the wrong type for the type of hazard present!



KEEP THEM ALL! Avoid hand & finger injuries

Introduction

The KEEP THEM ALL! campaign of HSElife NL focuses on avoiding injuries to hands and fingers. This onscreen presentation is meant for a group discussion.

Use the handout to write down your suggestions and tips.

Today we talk about:

1. PERSONAL CONDUCT

2. RULES AND PROCEDURES

3. PROTECTIVE EQUIPMENT

4. LOCATION

5. HUMAN FACTOR



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1. PERSONAL CONDUCT

The key issues:

- ***Distractions*** when completing a task on site.
- ***Personal*** and ***professional problems*** that hamper thinking during the day.
- ***Feeling tired*** and ***not being rested*** before starting a task or walking around the site.
- Putting your hands in the ***wrong place***.



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1. PERSONAL CONDUCT

Points of discussion:

- 1 In what way can **personal conduct** contribute to injuries to hands and fingers?
- 2 How can we **adjust** our conduct to avoid injuries to hands and fingers?

**Please note: use the handout (associated with the onscreen group presentation) to write down your suggestions and tips.*

2. RULES AND PROCEDURES

The key issues:

- Circumventing regulations and procedures or setting wrong priorities due to *cutting corners*.
- Removal of *protective covers, barriers* or *safety devices* from the machines.
- The use of *incorrect* or *non-approved tools* for the job.
- *Unnecessarily handling* the load.



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2. RULES AND PROCEDURES

Points of discussion:

- 1 In what way can **non-compliance** with or **incomplete** rules and procedures contribute to injuries to hands and fingers?
- 2 What steps can be taken to ensure that rules and procedures are **complied** with and **complete**?

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3. PROTECTIVE EQUIPMENT

The key issues:

- Using the *wrong type of gloves* for specific tasks.
- Working with *damaged safety gloves*.
- *Incorrect use* of personal protective equipment.
- *Insufficient knowledge* of the necessary protective equipment.*

* See 'Safety gloves guide'



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3. PROTECTIVE EQUIPMENT

Points of discussion:

- 1 How can **incorrect** or **non-use** of personal protective equipment lead to injuries to hands and fingers?
- 2 What **measures** should you take to avoid these injuries from occurring as a result of the improper use of Personal Protective Equipment?

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4. LOCATION

The key issues:

- A ***change on the shop floor*** that creates a hazardous situation.
- ***Insufficient or incorrect tools*** are present to carry out the task.
- ***Sharp parts*** of machines and equipment are ***not or insufficiently covered***.
- ***Poor lighting*** due to time of day, lack of lighting and shadow areas.
- Working in areas that are ***too small*** to carry out the task properly.



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4. LOCATION

Points of discussion:

- 1 Discuss the ways in which **the setup** of a workplace can lead to injuries to hands and fingers.
- 2 What **steps** can be taken to avoid injuries to hands and fingers?

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5. HUMAN FACTOR

*People make mistakes, consciously or subconsciously.
This has several causes.*

1. USING THE WRONG APPROACH, USING THE WRONG TOOLS
2. NOT BEING ABLE TO ASSESS THE SITUATION PROPERLY
3. INSUFFICIENT ALERTNESS

***By working well together with your colleagues and supervisor, incidents can be avoided.
TEAMWORK is essential!***



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5. HUMAN FACTOR

Points of discussion:

- 1 Discuss which **human factors** can lead to injuries to hands and fingers?
- 2 What **steps** can be taken to avoid injuries from occurring in this way?

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